

## Stir Up Sunday!

This weekend marks the last Sunday before Advent and is known as the Feast of Christ the King. It's a Sunday that affirms the lordship of Christ over all creation and that 'in him, all things hold together (Colossians 1:17)'. In some traditions it used to be called Stir Up Sunday, when cooks everywhere would start preparing their Christmas puddings! And why was it called Stir Up Sunday? It was given this memorable title by the opening words of the Book of Common Prayer's collect for the day:

Stir up, we beseech thee, O Lord, the wills of thy faithful people; that they, plenteously bringing forth the fruit of good works, may of thee be plenteously rewarded; through Jesus Christ our Lord. Amen.

## Coming Up This Sunday and Beyond...

### Sunday Services

**10am:** Join us for worship and Holy Communion. This is the series finale of James' letter and Gethin will be exploring themes of social justice and healing found in the last chapter. For tickets, please visit: <https://www.eventbrite.co.uk/e/213574796967>

**11:15: Family Service** with Holy Communion. For tickets, please visit <https://www.eventbrite.co.uk/e/213581025597>

**6pm: Zoom Church:** We continue with part five of the Prayer Course (from Prayer24-7) <https://us02web.zoom.us/j/82201850871?pwd=bDVXMXJNT0FNNHVVVGVXWUwyOEtNQOT09>  
Meeting ID: 822 0185 0871  
Passcode: 469582

For Sunday morning services in November and December please click here: <https://mcusercontent.com/69715edc5fa9701b32fe118fa/images/682437f0-d2ca-fe16-2269-b66e88725e39.jpeg>

## Tuesday

7pm: Zoom Midweek Service. We will watch a recording of this week's live morning service, led by Mansel Jones.

<https://us02web.zoom.us/j/85626282990?pwd=eTY3Z053ZjQyNGlUb2FNY0R3bHpzZz09>  
Meeting ID: 856 2628 2990  
Passcode: 524152

## Advent and Christmas services

We are looking forward to meeting in person at an array of special gatherings over Advent and Christmas. Flyers will be available from the Christmas Fayre onwards.

## Advent in the Ark 6pm

During Sunday evenings in Advent (28/11, 5/12, 12/12, 19/12) there will be a short time of reflection and worship in the Ark, led by Gethin and Lydia May. Lydia is a theology student and in her final year at Cardiff University. She has been part of the Ararat family for the past couple of years and she will be basing her reflections on Tom Wright's Advent for Everyone Advent For Everyone: A Journey Through Matthew - Tom Wright - SPCK Publishing

Tickets for part one, please click here <https://www.eventbrite.co.uk/e/213612098537>

If you are unable to come to Ark, it will also be available on Zoom:

<https://us02web.zoom.us/j/85324062109?pwd=aWd3dDRrMjdQZzhYZGdVcGRDWVVXZz09>

Meeting ID: 853 2406 2109

Passcode: 564090

### **Common Men**

Our next get together will be on 1st December where we will all meet at the Llandaff North Rugby Club (42 Radyr Road CF14 2FU). David Shephard will be setting a team quiz which will be followed by some Christmas Carols. A big thank you to the two Steves who will be supplying the music. There will also be a small buffet during the evening. Please bring a mask for singing! Please let Robert Colwill know by 24th November if you intend coming by emailing [robertlltsb@hotmail.com](mailto:robertlltsb@hotmail.com)

### **We Are Recruiting!**

We have an exciting opportunity for a new Assistant Ark Manager. This will be a dynamic role, right at the heart of serving the community. You could be the right person, or maybe you know them. If so please download the job description here: [https://mcusercontent.com/69715edc5fa9701b32fe118fa/files/bf4f84c1-bcc4-9a73-37c1-9cb3ac3a6b8d/Ark\\_Assistant\\_Manager\\_job\\_description.01.docx](https://mcusercontent.com/69715edc5fa9701b32fe118fa/files/bf4f84c1-bcc4-9a73-37c1-9cb3ac3a6b8d/Ark_Assistant_Manager_job_description.01.docx)

### **BMS World Mission Harvest Appeal – 'I Will Stand'**

Thanks to everyone who supported this appeal. We collected just over £1500, including gift aid.

### **Barnado's Boxes**

Many people have been diligently putting coins into their Barnardo's Boxes over the last twelve months, raising funds for this amazing charity Believe in children | Children's charity | Barnardo's ([barnardos.org.uk](http://barnardos.org.uk)) It's time now to give them to Gwyn Crowther who is counting the final sums this year before we present it to the charity during our services on 12 December. Please bring your box to the Ark and leave it behind the reception desk for collection.

### **Marie Curie Fete**

Gwyn Crowther would like to thank everyone who supported the Marie Curie Fete; donated items, helped on the day, and who shopped! Together we raised a whopping £915!

### **Sunday Lunch: 21 November, 12:30pm.**

A reminder that we are hosting Sunday lunch for people who live alone, sharing fellowship around a hearty meal. There are only two spaces available for the price of £8 each, so please see Aly Burnell if you are interested.

### **Christmas Fayre 27 November – book your place now!**

Thank you to those who have donated to the tombola – there is still time for more! We also need homemade cakes for the cakes stall, please bring them to the Ark on the Friday before the fayre or on the day itself. Tickets are available to book, so we can manage your arrival time, please visit <https://www.eventbrite.co.uk/e/208603086447>

### **Chaplain's Corner**

Starting in January, volunteer chaplains will be present in the Ark on Tuesday, Wednesday, and Thursday mornings (11-12pm). Further details will follow early next year, but our chaplains will be there to listen, support and pray with anyone needing help.

19/11/2021

That's all for now folks, so be blessed and be a blessing.

Much love from

Naomi, Rachel, Sarah, Aly and Gethin